

Article

# The Mechanisms and Resolution Strategies of Educational Inequality

Rutong Li <sup>1,\*</sup>

<sup>1</sup> Institute of Education, University College London, London, WC1H 0AL, UK

\* Correspondence: Rutong Li, Institute of Education, University College London, London, WC1H 0AL, UK

**Abstract:** Educational inequality represents the systemic manifestation of social disparities within the realm of education. This phenomenon extends beyond mere differences in students' final academic achievements, permeating every stage of educational opportunity access, learning process experience, and long-term developmental prospects. To comprehend educational inequality, it is essential to view it as an outcome resulting from the interaction and dynamic evolution of multiple factors. These factors operate across various levels of individual development, ranging from the fundamental family environment to the institutionalized school system and further to the broader socio-economic context, collectively forming a complex generative system. This paper aims to systematically analyze the operational mechanisms of key components within this system and, based on this analysis, explore practical intervention strategies.

**Keywords:** educational inequality; mechanisms of generation; resolution strategies

## 1. Introduction

As a pervasive social phenomenon worldwide, the impact of educational inequality extends far beyond the educational sector itself, being intrinsically linked to the stability of social structures and the sustainability of development. Although significant progress has been made in expanding educational access across nations, the quantitative expansion of opportunities has not automatically translated into substantively equitable outcomes. Disparities in academic achievement, cognitive skills, and even lifelong development trajectories among students from different backgrounds remain pronounced, revealing profound institutional barriers beneath a veneer of formal equality. Research on this issue has accumulated multidisciplinary insights, including analyses from the perspective of family resources, examinations of school operational mechanisms, and explorations of societal environmental influences. These perspectives each illuminate crucial dimensions of the problem; however, the complexity of educational inequality lies in the fact that it is not the result of a single factor. Influencing factors at the familial, institutional (school), and societal levels interweave and reinforce each other, forming a systemic phenomenon characterized by dynamic evolution. Understanding the interplay of these multi-layered factors is of significant importance for grasping the essence of educational inequality.

Received: 14 November 2025

Revised: 08 January 2026

Accepted: 23 January 2026

Published: 27 January 2026



Copyright: © 2026 by the authors.

Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 2. Analysis of the Formation Mechanisms of Educational Inequality

### 2.1. Disparities at the Family Level

#### 2.1.1. The Role of Economic Conditions in Allocating Educational Resources

Family investment in education is primarily reflected in the choice of educational environment. Families with better economic conditions can afford more diverse and higher-quality educational expenditures. This includes selecting kindergartens with progressive educational philosophies, enrolling children in various subject tutoring and quality-enhancement courses, purchasing abundant books and learning materials, and

providing home conditions that feature independent study spaces and a quiet environment. Furthermore, economic advantage extends to residential choices, as many families relocate to communities with concentrated educational resources to secure opportunities for their children to attend high-quality public schools [1]. In contrast, families with more limited economic means typically focus their educational spending on covering basic schooling needs. Expenditures on extracurricular activities such as purchasing supplementary reading materials or visiting cultural institutions are often constrained, and the aspiration to provide a dedicated learning space for children is frequently hindered by practical circumstances. More profoundly, persistent economic pressure permeates daily family life, potentially intensifying overall household tension and, subtly, increasing children's anxiety, thereby indirectly affecting their learning concentration and emotional stability.

### 2.1.2. The Potential Influence of Cultural Capital on Academic Adjustment

Parental educational background, knowledge structure, values, and patterns of daily family interaction constitute significant forms of family cultural capital. If parents possess higher educational qualifications, are familiar with the operational rules of the education system, frequently use complex sentence structures and abstract vocabulary in daily communication, and regularly engage in cultural activities such as reading, discussion, and museum visits, their children gain preliminary exposure to academic language and thinking modes even before entering school. This enables them to adapt more quickly to the school's teaching pace and expressive demands, understand teachers' instructions and textbook content more easily, and consequently receive more positive feedback and build confidence during the initial stages of schooling. Conversely, if the manifestations of family cultural capital differ significantly from the mainstream school culture, children may require a longer period to adapt to the school environment. Their existing knowledge base and communication styles may not be immediately recognized by the school's evaluation system, thus presenting greater challenges during the adjustment process.

### 2.1.3. The Information and Opportunity Effects of Social Networks

A family's social network directly influences how educational information is acquired. The educational function of these networks varies depending on their scale, heterogeneity, and resource richness. On one hand, families with extensive and diverse social connections can obtain crucial information through informal channels regarding the characteristics of different schools, dynamics of admissions policies, and high-quality extracurricular programs. Based on this information, families can make more targeted educational choices. Simultaneously, social networks may also provide practical opportunities, such as introducing children to specific professional fields or facilitating access to internships or project participation. On the other hand, families with relatively homogeneous social networks have more limited channels for information acquisition, often relying primarily on public, standardized information sources. This places them at a disadvantage due to information asymmetry when navigating complex and variable educational choices [2].

## 2.2. *Influences at the School Level*

### 2.2.1. Inter-School Disparities in the Allocation of Educational Resources

In practice, there are marked differences in the educational resources that different schools can provide, leading to significant gaps in the breadth and depth of educational content accessible to students, as well as in the overall quality of instruction. Due to historical reasons, policy biases, variations in local fiscal capacity, and differing levels of community support, objective disparities exist among schools in terms of teacher quality, teaching facilities, curriculum richness, and funding for activities [3]. Some schools are able to attract and retain experienced teachers with outstanding professional competence,

provide advanced laboratories, libraries, sports and arts facilities, and offer a variety of elective courses and club activities. Other schools, however, may chronically face challenges such as teacher shortages, high teacher turnover, outdated teaching equipment, and an inability to offer a complete or sufficient curriculum.

#### 2.2.2. The Hidden Bias in Curriculum Content and Assessment Standards

The curricular knowledge transmitted by schools is a socio-cultural product that is selected and organized. The choice of curriculum content, narrative perspectives, emphasis on certain topics, and the standards used to assess student learning often reflect specific value orientations and cultural preferences. For instance, the linguistic style, question design, and assumed background knowledge commonly found in standardized tests may align more closely with the life experiences and thinking habits of one particular group of students. Similarly, the narrative approach to the historical contributions of certain social groups within the curriculum can influence students' identity formation and interest in learning. If the assessment system relies too heavily on a single written-test format that emphasizes the memorization and regurgitation of fixed knowledge, then the abilities of students who excel in practical application, creative thinking, or possess different modes of expression may not be fully demonstrated or recognized, placing them at a disadvantage in the learning process.

#### 2.2.3. The Long-Term Impact of Tracking and Streaming Systems

In educational practice, many systems implement tracking or streaming, directing students into different types of classes or educational tracks-such as academic versus vocational-at specific stages, primarily based on academic performance. While this streaming decision is largely based on test scores, these scores themselves are already significantly influenced by students' prior family environments and educational experiences. Post-streaming, systematic differences typically emerge across tracks regarding curriculum difficulty, teaching pace, teacher allocation, learning atmosphere, and teacher-student expectations. Students placed in academic tracks often encounter more challenging learning content, receive greater resource support, and are surrounded by peers largely focused on advancing to higher education. Students placed in other tracks may face different instructional priorities and expectations. This institutionalized classification easily fosters a labeling effect, whereby both teachers and students may form fixed perceptions based on the "track" label. These perceptions, in turn, influence teaching interactions and learning engagement, thereby gradually transforming initial distinctions based on performance into relatively solidified long-term developmental trajectories.

#### 2.2.4. Micro-Processes in Daily Teacher-Student Interactions

Within the interactive dynamics of classroom teaching, every exchange of questions and answers, eye contact, and feedback on assignments between teachers and students carries a wealth of information. Teachers may unconsciously display differential expectations toward different students-for example, by more frequently inviting certain students to answer questions or by providing them with more specific and encouraging guidance. Students are often acutely perceptive of these subtle differences [4]. Students who receive more positive attention typically exhibit stronger confidence and a greater willingness to participate in class. Conversely, students who perceive less attention or lower expectations may gradually reduce their classroom interactions and lower their personal academic standards. The accumulated experience of these daily micro-interactions continuously shapes how students view themselves, how they understand the meaning of learning, and their sense of belonging within the school environment. This constitutes a fundamental mechanism in the production of educational disparities.

### 2.3. *Societal-Level Factors*

#### 2.3.1. Imbalanced Patterns of Urban-Rural and Regional Development

Disparities in economic development levels, fiscal capacity, and investment in public services among different regions within a country significantly impact the distribution of educational resources. Generally, urban areas, particularly central cities and economically developed regions, are able to allocate more funding to education, construct better school facilities, attract more qualified teachers, and offer a richer variety of educational programs. In contrast, rural areas, remote mountainous regions, and economically underdeveloped areas often face greater challenges in educational investment. These areas tend to have relatively weaker school infrastructure, difficulties in recruiting and retaining teachers, and limited diversity in curriculum offerings. Furthermore, during the process of urbanization, the educational needs of a large migrant population have become prominent. Their children may encounter difficulties in accessing local public education services equally in their destination cities due to household registration (hukou) restrictions, particularly facing obstacles at critical junctures such as advancing to higher levels of education.

#### 2.3.2. The Feedback Mechanism of Labor Market Signals on Education

In the labor market, different levels and types of educational credentials are typically associated with different career choices, income levels, and social status. Higher educational qualifications and diplomas from prestigious institutions often serve as "gatekeeping credentials" for obtaining certain high-paying jobs or entering specific professional fields. This reality feeds back into the educational sector, intensifying competition among families and individuals for educational attainment, particularly for scarce, high-quality educational resources. The competition is no longer solely for knowledge acquisition but also, to a large extent, for obtaining diplomas that carry high market value as symbolic credentials. Consequently, families possessing greater economic, cultural, and social capital can employ more strategies-such as selecting school districts, enrolling in preparatory training, and planning educational pathways-to enhance their children's chances of securing these valuable credentials, thereby further exacerbating inequality in educational outcomes.

#### 2.3.3. The Gap in Digital Access and Usage Stemming from Technological Development

The rapid advancement of information technology has introduced new tools and resources for education but has also potentially created new factors of inequality, known as the "digital divide. " This manifests at several levels: First, the access divide, referring to whether families can afford necessary digital devices (e.g., computers, tablets) and stable internet services. Second, the skills divide, concerning whether students possess the ability to effectively use digital tools for learning, information retrieval, and content creation, and whether families can provide relevant guidance. Third, the content divide in education, relating to the accessibility and cost of high-quality, curriculum-aligned digital educational resources in the market. Students from different backgrounds face varying realities across these dimensions. Some students gain early exposure and become proficient in using digital tools for extended learning, typically coming from families with the capacity to provide devices, internet access, and guidance. Other students may primarily use digital devices for entertainment, or lack the conditions and support for in-depth digital learning. Without appropriate attention and effective intervention, technological progress may not only fail to bridge existing educational gaps but could also create new layers of differentiation based on digital technology [5].

### **3. Systemic Strategies for Advancing Educational Equity**

#### *3.1. Optimizing Public Policy Design to Strengthen Equity Safeguards*

##### **3.1.1. Refining Equity-Oriented Mechanisms for Allocating Educational Resources**

First, reform the existing education fiscal allocation mechanism to establish a more refined funding model that accurately reflects the actual needs of students. This model should incorporate key parameters such as regional economic development levels, the proportion of various disadvantaged students (including those from economically disadvantaged families, students with disabilities, migrant children, etc.), and the existing foundational conditions of schools. This ensures that public education funds are effectively directed towards resource-scarce regions, schools with weaker foundational conditions, and disadvantaged student groups. Second, implement periodic, targeted improvement plans for underperforming schools, concentrating resources on enhancing teacher professionalism, upgrading hardware facilities, and optimizing curriculum systems and teaching quality in these schools. Third, establish unified basic standards for school operations at the national or regional level, accompanied by a rigorous supervision and evaluation mechanism to guarantee that all schools meet the conditions necessary for maintaining basic educational quality. Finally, regarding the development of the teaching workforce, measures such as improving salary packages for teachers in remote and arduous areas, refining systems for teacher rotation and exchange, and strengthening targeted professional training can be implemented to effectively guide high-quality teachers towards schools with relatively weaker teaching staff.

##### **3.1.2. Constructing a Support and Intervention System Spanning All Educational Stages**

Recognizing the early accumulation of educational disparities, support and intervention efforts should be initiated at an earlier stage. Vigorously develop inclusive and high-quality preschool education, with particular attention to providing sufficient enrollment opportunities and appropriate early childhood development guidance for disadvantaged children. During the compulsory education phase, establish and improve mechanisms for the early identification and support of students with learning difficulties. Timely academic support should be provided through after-school services, individual tutoring, and small-group instruction to prevent the widening of gaps. At the senior secondary and higher education stages, enhance the student financial aid system primarily composed of grants, scholarships, and student loans. Integrate this with developmental support such as academic tutoring, psychological care, and career planning to mitigate the constraints of economic factors on students' academic completion and future development, thereby assisting students from disadvantaged backgrounds in successfully transitioning through their education.

##### **3.1.3. Promoting Institutional Adjustments for Integration and Diversified Choice**

On one hand, systematically evaluate and adjust existing school enrollment policies, focusing on optimizing rules that may reinforce group segregation. While safeguarding the basic principle of proximity-based enrollment, actively explore diversified admission mechanisms such as multi-school zoning, computerized random allocation, and specialized school autonomous enrollment. These methods aim to increase the diversity of student backgrounds within schools and promote educational integration among different social groups. On the other hand, vigorously promote innovation in inter-school collaboration models. Encourage the establishment of development consortia or education groups among schools to facilitate the co-construction and sharing of curriculum resources, joint teacher training and research, and cross-school student exchanges. Furthermore, actively explore pathways for integration between general education and vocational education. Establish and improve flexible systems allowing for course selection across tracks, credit recognition, and student status transfer. This provides students with more diverse developmental pathways and effectively breaks the

rigid constraints of the traditional model where "a single examination determines one's lifelong trajectory."

### *3.2. Deepening Internal School Reform to Foster an Inclusive Environment*

#### **3.2.1. Implementing Teaching and Assessment Reforms Focused on Student Diversity**

It is necessary to systematically enhance teacher professional development, focusing on improving teachers' capacity to understand students' diverse backgrounds and cognitive differences, as well as their professional competence in designing differentiated instructional plans. Building on this foundation, the active adoption of flexible and diverse teaching methods should be promoted to accommodate the varied learning styles, cognitive paces, and developmental needs of different students. The development of curriculum content must also advance concurrently. By enriching teaching materials and expanding the scope of knowledge, the curriculum should more comprehensively reflect the diversity of human knowledge and adequately showcase the cultural contributions and historical value of different social groups. The reform of the assessment system is equally crucial. In addition to traditional paper-and-pencil tests, greater emphasis should be placed on introducing diverse assessment methods such as project-based learning evaluations, practical work reviews, and portfolio assessments. These methods comprehensively examine students' knowledge mastery, skill development, and individual progress from multiple dimensions, thereby gradually reducing the excessive reliance on single standardized test scores.

#### **3.2.2. Building a Campus Culture and Society that Supports Every Student**

In the process of shaping the school environment, there must be a conscious effort to cultivate a cultural atmosphere that respects differences, embraces diversity, and explicitly opposes discrimination [6]. To this end, efforts should focus on establishing a comprehensive student support system that integrates various functions including academic advising, psychological counseling, behavioral guidance, and home-school communication. This ensures that students' diverse needs are promptly identified and effectively addressed. Furthermore, systems such as mentorship or advisory programs can be gradually promoted, enabling each student to establish a stable connection with a specific teacher, thereby receiving sustained attention and personalized guidance. In addition to these measures, school leadership should clearly communicate high expectations for every student to all teaching staff. By organizing professional learning communities for teachers and facilitating the exchange and sharing of effective teaching strategies, teachers can be supported in translating these high expectations into tangible support for all students.

### *3.3. Building a Supportive External Ecosystem to Form Educational Synergy*

#### **3.3.1. Providing Accessible Educational Support Services for Families**

Efforts should be made to actively establish a diversified family education support network, integrating the service capacities of school resources, community platforms, and professional social organizations. This network can systematically provide parents with professional knowledge and skill training in areas such as child development science, family nurturing strategies, and home-school collaboration methods. Regarding the format of services, a hybrid model combining online and offline approaches is advisable. Specific activities may include thematic lectures, practical workshops, micro-course series, and personalized consultation and guidance. Special emphasis should be placed on ensuring the support's suitability and accessibility for disadvantaged families during implementation. Proactively provide specialized services that align with their linguistic habits and cultural backgrounds to enhance service accessibility and effectiveness. Focus on assisting parents in gaining a deeper understanding of their children's characteristics at different developmental stages, mastering scientific and actionable educational

methods, and enhancing their sense of efficacy in participating in their children's educational process. Regarding home-school communication, the institutional channels for such communication should be concurrently optimized. Establish regular information-sharing mechanisms to enable parents to promptly obtain comprehensive information about their children's development at school and to create more substantive opportunities for parents to participate in school educational activities.

### 3.3.2. Developing and Utilizing Community Educational Resources

Schools should be encouraged to open their operations to the community, promoting active establishment of stable cooperative relationships with local community libraries, museums, science centers, various enterprises, higher education institutions, and cultural and artistic organizations. This will gradually transform schools into important hubs for community cultural learning [7]. Leveraging these cooperative partnerships, both parties can jointly develop practical school-based curricula, design enriching extracurricular activity programs, and create diverse career exploration opportunities. This effectively converts high-quality social resources within the community into valuable educational learning resources, promoting a close integration between students' learning processes and practical social experiences.

### 3.3.3. Guiding Technology to Support Inclusive Educational Development

Advancing educational informatization must consistently adhere to the principle of inclusivity to prevent the application of technology from exacerbating existing disparities. This goal can be achieved through the following pathways. First, public sectors should take the lead in establishing and openly sharing high-quality digital educational resource platforms to provide foundational support for a broad range of learners. For families facing difficulties with digital device and internet access, special subsidy programs need to be formulated to guarantee basic usage conditions. Second, schools and other relevant departments should systematically conduct digital literacy training for both students and teachers to enhance their practical ability to utilize technology for optimizing teaching and learning processes. Within this framework, the development of educational software and application tools that cater to diverse learning needs and support personalized development should be encouraged. Third, particular attention must be paid to issues of educational data security and personal privacy protection. Establish comprehensive data management regulations and conduct necessary ethical assessments of algorithmic models applied in the educational field to prevent and mitigate new forms of bias that technology might create or reinforce.

## 4. Conclusion

In summary, the fundamental amelioration of educational inequality relies on systemic societal transformation that transcends the education sector. This necessitates the synergistic efforts of public policy, school education, technological application, and family-community support. Through continuous institutional innovation and practical breakthroughs, the deep-seated structural roots of inequality can be gradually dismantled. Only when multiple stakeholders collaborate to advance this cause, steering the education system towards genuine inclusivity and empowerment, can we effectively promote broader social equity and sustain long-term developmental vitality.

## References

1. D. G. Campos, A. Koskinen, B. Munkácsy, V. Rolfe, P. Patsis, E. Tóth, and M. P. Vainikainen, "Educational inequalities in Europe: A scoping review of longitudinal studies in K-12 education," *Studies in Educational Evaluation*, vol. 87, p. 101523, 2025.
2. K. Stienstra, A. Knigge, and I. Maas, "Gene-environment interaction analysis of school quality and educational inequality," *npj Science of Learning*, vol. 9, no. 1, p. 14, 2024. doi: 10.1038/s41539-024-00225-x

3. Y. Guo, and X. Li, "The evolution and driving mechanism of education inequality in China: From 2003 to 2020," *PLoS one*, vol. 20, no. 1, p. e0314297, 2025. doi: 10.1371/journal.pone.0314297
4. K. Cahill, and D. O'Sullivan, "Making a difference in educational inequality: reflections from research and practice," *Irish Educational Studies*, vol. 41, no. 3, pp. 473-485, 2022. doi: 10.1080/03323315.2022.2085763
5. J. Bian, "Linear programming model of the impact of family socioeconomic resources on the distribution of educational opportunities for children,".
6. V. Boliver, and Q. Capsada-Munsech, "Intergenerational inequality in education," In *Research handbook on intergenerational inequality*, 2024, pp. 13-26. doi: 10.4337/9781800888265.00009
7. D. Lin, and Z. Liu, "How does educational inequality affect residents' subjective well-being?-Evidence from China," *Frontiers in Psychology*, vol. 15, p. 1432789, 2024. doi: 10.3389/fpsyg.2024.1432789

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of GBP and/or the editor(s). GBP and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.